

What prior knowledge should students have?

- Pupils have explored movement ideas and responded creatively to a range of music.
- Pupils have begun to move confidently and safely within their space.
- Pupils have composed and linked movements to make simple beginnings and endings to a routine.

What skills will students learn? (Disciplinary Knowledge)

- Pupils will explore movement ideas and will respond creatively to Scottish dancing.
- Pupils will explore the change of rhythm and speed of music.
- Pupils compose and link movements to make simple beginnings and endings to a routine.
- Pupils will compose and perform short dances that express different moods.

What key knowledge will be taught? (Substantive Knowledge)

- Children will understand that different stimuli effect a dance routine.
- Children will understand that dance routines will have beginnings, middles and ends.
- Children will understand the importance of working with others to create a group routine.

Christmas dance

All children take part in our school's Christmas production. Each class prepares a dance to an assigned song that forms a section of the play. The children create and learn different routines in response to a song; the dance unit culminates with the children performing on the stage.

Key Vocabulary
Definition

Low centre of gravity	An imaginary point where the dancers body weight is evenly distributed.
Flexibility	The ability of muscles and joints to move through an unrestricted motion.
Gallop	A locomotor skill in which the child takes a large step forward, then a small step to the side, then another large step forward.
Plié	A French term meaning to bend.
Routine	A sequence of actions regularly followed.